

# BABOR

A professional cosmetics brand which, since 1956, has combined tradition with modernity to provide you with the highest quality facial care.

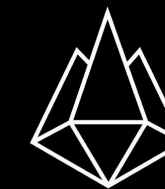
**THIS TIME WILL BE ONLY  
FOR YOU**

You can book your treatment date by phone

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**spa@czarnykamien.com**  
**www.czarnykamien.pl**

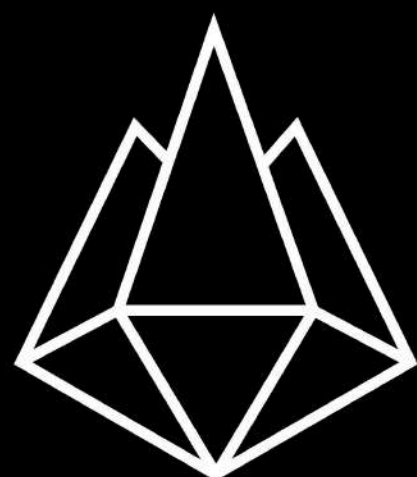


CZARNY KAMIEŃ  
RESORT & SPA

## MENU SPA

### SPA IS WORTH KNOWING

- Reservations for treatments should be made by phone or e-mail directly at Czarny Kamień RESORT&SPA
- It is best to arrive for the treatment 5 minutes before the scheduled treatment time.
- Being late will result in the treatment being shortened or canceled failure to perform, with a simultaneous charge for the procedure.
- You receive the necessary items for the treatment: disposable underwear, flip-flops and a towel.
  - Non-guests are asked to make a payment deposit of PLN 110 (details in the SPA).
  - If you wish to cancel the procedure, please do so for information 24 hours in advance via e-mail or text message. Guests of our facility will be charged PLN 110 for the treatment not performed. Otherwise, the deposit paid will be forfeited.
- Making a reservation involves accepting the SPA regulations.
- Before the descent, the guest receives a questionnaire to complete consultation, qualifying for the procedure.
  - Discounts and promotions cannot be combined.
  - Treatments for children are performed between the ages of 13 and 17.



**CZARNY KAMIEŃ  
RESORT & SPA**



# FACIAL TREATMENTS



**VIT C** **380 PLN** 50 min

A treatment using products formulated with high levels of antioxidants to leave skin looking brighter, revitalized and younger.

**LIFT EXPRESS** **180 PLN** 20 min

Instant smoothing of wrinkles

**THE GOLD OF MAROCCO/HYDRATION ELIXIR** **380 PLN** 80 min

A firming treatment that improves skin elasticity. Strengthens the network of collagen fibers and intensively nourishes the epidermis. A ritual that includes facial, neck and décolletage care, intensive facial lifting massage using cosmetics selected for the skin's needs.

**VITALIZING / FATIGUED SKIN CARE** **290 PLN** 50 min

Instant skin regeneration to regain natural radiance. Includes comprehensive care for the face, neck and décolleté combined with a subtle massage.

**SKIN TO SUIT YOUR NEEDS** **200 PLN 40 min**

An original treatment with individually selected preparations adapted to the needs of the skin.

**+ AMPOULE matched to the needs of the skin for self-care** **50 PLN**

**AGE CORRECTOR / INSTANT YOUTH** **410 PLN** 90 min

A treatment designed to reduce even the deepest wrinkles, rejuvenate and restore the skin's smoothness and youthful appearance. An intensely stimulating age corrector for all skin types.

**KOBIDO FACIAL MASSAGE** **300 PLN** 60 min

Known as a non-surgical facelift.This treatment has amazing rejuvenating, shaping and energizing effects.It is a manual, intensive massage that works on the deeper layers of facial muscles.

**KOBIDO PLUS FACIAL MASSAGE** **400 PLN** 90 min

The author's version of the KOBIDO massage combined with facial care including enzyme peeling and a mask selected according to the skin's needs.

**FACE AND NECK MASSAGE** **140 PLN** 20 min

Facial massage is not only a treatment through which we can relax.Its purpose is to improve the appearance of the skin, prevent wrinkles and reduce muscle tension.

# MASSAGES



**UNIQUE RELAXATION FOR TWO** **600PLN** 70 min

A uniquely relaxing massage for couples. The treatment consists of a cleansing scrub and an instensive full-body massage designed to stimulate the senses and eliminate stress.

**\*Treatment must be pre-booked in advance.**

**RELAXATION MASSAGE** **260 PLN** 50 min

A subtle relaxing massage.

● **SOOTHE YOUR SENSES** **280 PLN** 50 min

Warm coconut oil massage

● **DEEP RELAXATION** **290 PLN** 50 min

Nourishing shea butter massage

● **TOUCH OF WARMTH** **290 PLN** 50 min

Moisturising hot candle massage

**CHOCOLATE MAGIC** **270 PLN** 50 min

This unique massage is performed on the basis of real dark chocolate, combined with aromatherapeutic oils brings a state of deep relaxation.

**BODY RENEWAL** **150 PLN** 20 min

Full Body Peeling. A deep cleansing treatment that removes dead skin. As a result, the skin is brightened, smoothed and moisturized.

**BLACK STONE MASSAGE** **290 PLN** 50 min

Hot stone therapy. Eliminates muscle tension and joint pain. Induces a state of deep relaxation.

**CLASSIC MASSAGE** **280 PLN** 50 min

A proprietary massage involving the use of basic techniques aimed at relaxing muscle tension.

**SPORTS MASSAGE** **300 PLN** 50 min

A unique form of massage involving complete relaxation or strengthening of tired muscles.Thanks to special deep tissue compression techniques, your body will be fully prepared for the next activity or put into a state of deep recovery

# BODY RITUALS



**DELIGHT** **400 PLN** 80 min

A ritual that leaves the skin silky smooth and nourished. Includes a full-body sugar scrub, chocolate massage and chocolate lotion massage.

**BLACK ORCHID** **360 PLN** 80 min

A scented ritual designed to comprehensively care for the body and senses. Includes a full body salt scrub and a nourishing massage with Karite butter with the sensual scent of black orchid flower

**MAGNOLIA FLOWER** **390 PLN** 80 min

Includes full body peeling, relaxing massage and the application of a masque with the sensual fragrance of Magnolia

**TOUCH OF SUN / BRONZING** **390 PLN** 80 min

A ritual involving the exfoliation of the entire body, the application of a serum and mask and massaging in bronzing butter. The treatment leaves the skin smooth and sun-kissed.

# MEN'S ZONE



**MALE BALANCE** **380 PLN** 80 min

A comprehensive body treatment including a scrub and a relaxing massage, all accompanied by aromatic notes of wood, tobacco and whisky.

**MALE RENEWAL** **260 PLN** 50 min

A uniquely relaxing massage dedicated to busy men, aimed at restoring vitality and well-being

**MEN'S THEME.** **330 PLN** 50 min

A facial treatment based on products designed for male skin in need of hydration and cleansing.