

FACIAL TREATMENTS



Non-invasive treatments

HYDRA BOOST **220 PLN** 30 min

Instant rescue for dry skin

LIFT EXPRESS **180 PLN** 20 min

Instant smoothing of wrinkles

THE GOLD OF MAROCCO **380 PLN** 80 min

A firming treatment that improves skin elasticity. Strengthens the network of collagen fibers and intensively nourishes the epidermis. A ritual that includes facial, neck and décolletage care, intensive facial lifting massage using cosmetics selected for the skin's needs.

BABOR

Professional cosmetics brand, which since 1956 combining tradition and modernity, provides you with the highest quality of facial care

VITALIZING / FATIGUED SKIN CARE **290 PLN**

50 min

Instant skin regeneration to regain natural radiance. Includes comprehensive care for the face, neck and décolleté combined with a subtle massage.

VITALIZING PLUS* **390 PLN**

80 min

A solution for dehydrated skin. The purpose of the treatment is to restore and stabilize the balance of the epidermal barrier. The treatment is supplemented with eye and lip care

MIMICAL CONTROL / INSTANT YOUTH **410 PLN**

90 min

A treatment designed to reduce even the deepest wrinkles, rejuvenate and restore the skin's smoothness and youthful appearance. An intensely stimulating age corrector for all skin types.

MASSAGES



UNIQUE RELAXATION FOR TWO **600 PLN** 70 min

A uniquely relaxing massage for couples. The treatment consists of a cleansing scrub and an intensive full-body massage designed to stimulate the senses and eliminate stress.

***Treatment must be pre-booked in advance.**

RELAXATION MASSAGE **160 PLN** 20 min

A subtle relaxing massage.

260 PLN 50 min

CLASSIC MASSAGE **280 PLN** 50 min

A proprietary massage involving the use of basic techniques aimed at relaxing muscle tension.

SPORTS MASSAGE **300 PLN** 50 min

A unique form of massage involving complete relaxation or strengthening of tired muscles. Thanks to special deep tissue compression techniques, your body will be fully prepared for the next activity or put into a state of deep recovery

BLACK STONE MASSAGE **290 PLN** 50 min

Hot stone therapy. Eliminates muscle tension and joint pain. Induces a state of deep relaxation.

KOBIDO FACIAL MASSAGE **300 PLN** 60 min

Known as a non-surgical facelift. This treatment has amazing rejuvenating, shaping and energizing effects. It is a manual, intensive massage that works on the deeper layers of facial muscles.

KOBIDO PLUS FACIAL MASSAGE **400 PLN** 90 min

The author's version of the KOBIDO massage combined with facial care including enzyme peeling and a mask selected according to the skin's needs.

FACE AND NECK MASSAGE **140 PLN** 20 min

Facial massage is not only a treatment through which we can relax. Its purpose is to improve the appearance of the skin, prevent wrinkles and reduce muscle tension.

BODY RITUALS



BODY RENEWAL **150 PLN** 20 min

Full Body Peeling. A deep cleansing treatment that removes dead skin. As a result, the skin is brightened, smoothed and moisturized.

CHOCOLATE MAGIC **270 PLN** 50 min

This unique massage is performed on the basis of real dark chocolate, combined with aromatherapeutic oils brings a state of deep relaxation.

CHOCOLATE DELIGHT **400 PLN** 80 min

A ritual that leaves the skin silky smooth and nourished. Includes a full-body sugar scrub, chocolate massage and chocolate lotion massage.

BLACK ORCHID **360 PLN** 80 min

A scented ritual designed to comprehensively care for the body and senses. Includes a full body salt scrub and a nourishing massage with Karite butter with the sensual scent of black orchid flower

CEREMONY FOR SPIRIT AND BODY **380 PLN** 80 min

Massage preceded by a sugar scrub of the whole body. Increases regeneration and brightening. Stimulates blood circulation rebuilding the structure of the skin. Performed regularly, it rejuvenates, makes it smooth, fresh, soft, full of radiance and healthy appearance.

SOOTHE YOUR SENSES **280 PLN** 50 min

Warm coconut oil massage. Free yourself from negative emotions and raise the level of vital energy. Massage combines the beneficial effects of touch, heat and natural ingredients that have a rejuvenating effect on the skin. The massage will soothe your senses and decisively improve your self-esteem.

DEEP RELAXATION **290 PLN** 50 min

Nourishing massage with Shea butter. A subtle ceremony for your body, which with its warmth and velvety touch will soothe the senses and put you in a state of deep relaxation and relaxation.

TOUCH OF WARMTH **290 PLN** 50 min

An exclusive nurturing massage, extremely relaxing for the body and senses. A special massage candle made of the highest quality ingredients, the compactness of oils, soybean germ and beeswax will leave the skin nourished and smooth.

FRUITY LAND **260 PLN** 50 min

Fruit massage, regenerative effect on the condition of the skin. Deeply moisturizes and revitalizes and well-being.

MEN'S ZONE



MALE BALANCE

380 PLN 80 min

A comprehensive body treatment including a scrub and a relaxing massage, all accompanied by aromatic notes of wood, tobacco and whisky.

MALE RENEWAL

260 PLN 50 min

A uniquely relaxing massage dedicated to busy men, aimed at restoring vitality and well-being

MEN'S THEME.

260 PLN 50 min

A facial treatment based on products designed for male skin in need of hydration and cleansing.

THIS TIME WILL BE ONLY FOR YOU

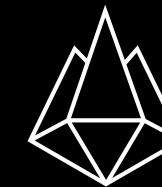
You can book your treatment date by phone

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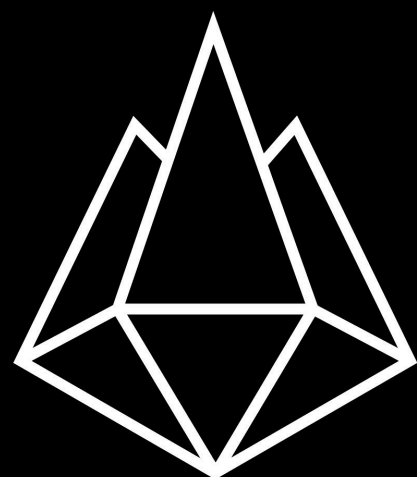


CZARNY KAMIEŃ
RESORT & SPA

MENU SPA

SPA IS WORTH KNOWING

- Reservations for treatments should be made by phone or e-mail directly at Czarny Kamień RESORT&SPA
- It is best to arrive for the treatment 5 minutes before the scheduled treatment time.
- Being late will result in the treatment being shortened or canceled failure to perform, with a simultaneous charge for the procedure.
- You receive the necessary items for the treatment: disposable underwear, flip-flops and a towel.
 - Non-guests are asked to make a payment deposit of PLN 110 (details in the SPA).
 - If you wish to cancel the procedure, please do so for information 24 hours in advance via e-mail or text message. Guests of our facility will be charged PLN 110 for the treatment not performed. Otherwise, the deposit paid will be forfeited.
- Making a reservation involves accepting the SPA regulations.
- Before the descent, the guest receives a questionnaire to complete consultation, qualifying for the procedure.
 - Discounts and promotions cannot be combined.
 - Treatments for children are performed between the ages of 13 and 17.



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